

# *Sing the Mass:*

## *Diocesan Fall Liturgy Workshop*



*Church of St. Aloysius  
Olivia, MN  
Saturday, November 11, 2017*

# *Reflection on Preparing to Participate in the Liturgy*



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# *The Sacred Liturgy Is...*

1. An Exercise of the Priestly Office of Christ
2. A Foretaste of and Participation in the Heavenly Liturgy
3. The Source and Summit of the Life of the Church
4. The Sacramental Memorial and Re-Presentation of Christ on the Cross

# *The Sacred Liturgy Is...*

Prayer

Praise *of* Christ

Presence

# *Full, Active, Conscious Participation*

Active participation certainly means that, in gesture, word, song and service, all the members of the community take part in an act of worship, which is anything but inert and passive.

Pope St. John Paul II,  
*Ad limina* address to U.S. Bishops, October 9, 1998

# *Full, Active, Conscious Participation*

Yet active participation does not preclude the active passivity of silence, stillness, and listening: indeed, it demands it.

Pope St. John Paul II,  
*Ad limina* address to U.S. Bishops, October 9, 1998

# *Full, Active, Conscious Participation*

[Christ's faithful] should be instructed by God's Word and be nourished at the table of the Lord's Body; they should give thanks to God; by offering the Immaculate Victim, not only through the hands of the priest, but also with him, they should learn also to offer themselves; through Christ the Mediator, they should be drawn day by day into ever more perfect union with God and with each other, so that finally God may be all in all.

*Sacramentum Concilium 48*

## *Full, Active, Conscious Participation*

...by offering the Immaculate Victim, not only through the hands of the priest, but also with him, they should learn also to offer themselves...



## *Full, Active, Conscious Participation*

In the Eucharist the sacrifice of Christ becomes also the sacrifice of the members of His Body.

The lives of the faithful, their praise, sufferings, prayer, and work, are united with those of Christ and with His total offering, and so acquire a new value.

# *Full, Active, Conscious Participation*

All of the lay faithful's works, prayers and apostolic endeavors, their ordinary married and family life, their daily occupations, their physical and mental relaxation, if carried out in the Spirit, and even the hardships of life, if patiently borne—all these become “spiritual sacrifices acceptable to God through Jesus Christ” (1 Peter 2:5).

*Lumen Gentium 34*

# *Full, Active, Conscious Participation*

Together with the offering of the Lord's Body, they are most fittingly offered in the celebration of the Eucharist.

*Lumen Gentium 34*

# *Full, Active, Conscious Participation*

...they should learn also to offer  
themselves...

# *Calm and Stillness*

Be still and know that I am God!

Psalm 46:11

...and after the fire [Elijah heard] a still  
small voice.

1 Kings 19:12

# *Awareness of God's Presence*

Dwelling within you

In the tabernacle

Soon to be made present on the altar

# *Awareness of God's Presence*

...for you my soul thirsts...



I look to you in the  
sanctuary to see your power  
and glory.

Psalm 63

# *Awareness of Self*

What's stirring within?

Thoughts, feelings, desires, events in life

These become part of your offering



# *Awareness of Self*

Pour out your hearts to God!

Psalm 62

Together with the offering of the Lord's Body, they are most fittingly offered in the celebration of the Eucharist.

...they should learn also to offer  
themselves...