

Lent: Looking for resources to provide your parishioners, students, or Bible study groups with a way to journey through the season of Lent? The following are helpful resources and ideas for creating community amongst small groups and spaces for deeper reflection on one's personal discipleship relationship with Jesus. Perhaps these would be helpful in faith formation and religious education settings as well.

1. *Made for Heaven* by Fr. Agustino Torres, CFR (in English & Spanish): Daily meditations on a passage from scripture, reflection questions, prayer, and space for journaling and notetaking all with a new theme/topic each week during Lent. There is a leaders guide and supplemental companion videos are free on their website. Bulk orders are pretty reasonable if you order more than 10 copies. Website Link: [Catholic Lent | Ave Maria Press](#)

Ave Maria Press has similar books to the one above, but previous year's versions, that can be found on their website: *Return* by Fr. John Burns and *Restore* by Sr. Miriam James Heidland, SOLT. They also have many other resources for personal or small/large group use as well.

2. Word on Fire Lenten Reflections by Bishop Barron: These are another great cost-effective resource to use in a group or individual setting. Website Link: [Bishop Barron's Lenten Gospel Reflections \(2024\) \(wordonfire.org\)](#)
3. *Meeting the Messiah with Curtis Martin & Dr. Edward Sri*: Videos emailed to those who register from January 17th – February 4th. This is a four week series led by Curtis Martin and Dr. Edward Sri that explores Biblical encounters with the person of Jesus Christ. It is a great introduction for people who are less familiar with the Catholic faith or small groups.

Discover the Story of Salvation with Curtis Martin & Dr. Edward Sri: Videos emailed to those who register every Wednesday from February 7th – March 27th. Rediscover the one story that really matters, revealed through Scripture—and your place in it!

Registration link for both studies with Dr. Sri & Curtis Martin: [Lenten Bible Study 2024 - FOCUS \(focusequip.org\)](#)