

# GRIST

Diocese of New Ulm      Social Concerns Office      May, 2011

## 5 FACTS ABOUT WORLD HUNGER

1. More than one billion people, or over one sixth of the planet's population, are suffering from hunger. This number is greater than the populations of the United States, Canada and the European Union combined.
2. Malnutrition and diseases related to hunger cause about six in ten childhood deaths in developing countries, or approximately five million per year.
3. The first Millennium Development Goal (<http://www.bread.org/hunger/global/millennium-development-goals.html>) targets the eradication of extreme poverty and hunger, with the aim of halving the proportion of people suffering from hunger by 2015, but progress has been very slow towards achieving this goal.
4. Enough food is produced globally to feed everyone, but many people are hungry because they lack land to grow food or money to purchase it.
5. Vitamin and mineral deficiencies have been termed "hidden hunger" which affects health, growth, developmental and educational outcomes.

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*Hunger is the most cruel and concrete sign of poverty. Opulence and waste are no longer acceptable when the tragedy of hunger is assuming ever greater proportions.*

*The prayer which we repeat at every Mass: "Give us this day our daily bread," obliges us to do everything possible, in cooperation with international, state and private institutions, to end or at least reduce the scandal of hunger and malnutrition afflicting so many millions of people in our world, especially in developing countries.*

~Pope Benedict XVI

## HUNGER USA QUIZ

1. One in six Americans does not have access to enough food.  
 TRUE       FALSE
2. Most individuals struggling with hunger are homeless and out of work.  
 TRUE       FALSE
3. Very few children struggle with hunger because there are programs to take care of them.  
 TRUE       FALSE
4. Most people in low-income households would be fine if they just worked harder.  
 TRUE       FALSE
5. Even college-educated people struggle with issues of hunger.  
 TRUE       FALSE
6. The lack of adequate nutrition only affects children's physical growth.  
 TRUE       FALSE
7. In school, children from food insecure households perform just as well as children who have enough nutrition daily.  
 TRUE       FALSE
8. More than 2 million rural households experience food insecurity.  
 TRUE       FALSE
9. Urban counties have the highest poverty rates in the United States.  
 TRUE       FALSE
10. More than 49 million Americans don't have dependable, consistent access to enough food due to limited money and resources.  
 TRUE       FALSE

## HUNGER USA QUIZ ANSWERS

1. T Not having access to enough food to sustain a healthy life is a reality for one in six Americans, including children and seniors.
2. F Hunger is not an issue just for people who struggle with poverty and homelessness. Only 12 percent of the clients are homeless, and 36 percent of individuals served by the Feeding America network have at least one working adult in their household.
3. F According to the USDA, more than 14 million children are living in food-insecure households. School lunch programs do help, but they don't solve the whole problem.
4. F 36 percent of households served by the Feeding America network include at least one adult who works.
5. T 26 percent of the adults interviewed during the Hunger Study have attended college or a technical school. Education is extremely important, but sometimes it's just not enough.
6. F The lack of adequate nutrition also affects the cognitive and behavioral development of children.
7. F Children from food-insecure, low-income households are more likely to experience irritability, fatigue, and difficulty concentrating compared to other children. This can make performing in school very difficult.
8. T More than 2 million rural households experience food insecurity – that means they don't have dependable access to enough food to sustain a healthy life.
9. F Counties with disproportionately high rates of persistent poverty are often rural, where it can be more difficult for food banks and food emergency assistance to support them effectively.
10. T According to the USDA, limited resources prevent more than 49 million Americans from getting enough food.

## Anti-Hunger & Food Security Organizations

### *Bread for the World*

[www.bread.org](http://www.bread.org)  
[www.hungernomore.org](http://www.hungernomore.org)

### *Catholic Relief Services*

[www.catholicrelief.org](http://www.catholicrelief.org)  
<http://education.crs.org/resources/educational-catechetical-resources/food-security-hunger/>

### *Emergency Foodshelf Network*

[www.emergencyfoodshelf.org](http://www.emergencyfoodshelf.org)

### *Feeding America*

<http://feedingamerica.org/>  
<http://www.2harvest.org/site/PageServer>

### *Food First Institute for Food & Development Policy*

[www.foodfirst.org](http://www.foodfirst.org)

### *Food Research & Action Center*

<http://frac.org/>

### *Heifer International*

[www.heifer.org](http://www.heifer.org)

### *Hunger-Free Minnesota*

[www.hungerfreemn.org](http://www.hungerfreemn.org)

### *Hunger Solutions*

<http://www.hungersolutions.org/>

### *Minnesota Food Association*

[www.mnfoodassociation.org](http://www.mnfoodassociation.org)

### *Minnesota FoodShare*

[www.gmcc.org/foodshare](http://www.gmcc.org/foodshare)

### *Minnesota Grown Directory*

[www.minnesotagrown.com](http://www.minnesotagrown.com)

### *Minnesota Hunger Partners*

[www.mnhungerpartners.org](http://www.mnhungerpartners.org)

### *Oxfam*

[www.oxfamamerica.org](http://www.oxfamamerica.org)

### *Sustainable Table*

[www.sustainabletable.org](http://www.sustainabletable.org)

### *World Hunger Education Service*

[www.worldhunger.org](http://www.worldhunger.org)

### *World Hunger Year*

[www.worldhungeryear.org/fslc](http://www.worldhungeryear.org/fslc)